

## Child Bill of Rights

- 1.) I have the right to love whom I choose without guilt, pressure or rejection.
- 2.) I have the right to love as many people as I want (step-parents, relatives, etc) without guilt or being made to feel disloyal.
- 3.) I have the right to be parented by both parents, regardless of grownup wants and wishes regarding convenience, money, or their feelings. I own parenting time; it is my right, not the right of my parents.
- 4.) I have the right to express my feelings about the breakup, such as sadness or fear.
- 5.) I have the right to not choose sides or be asked to decide where I want to live. I can never be forced to choose between parents.
- 6.) I have the right to not make adult decisions.
- 7.) I have the right to remain a child, without being asked to take on parental responsibilities or be an adult companion, friend, or a comforter to my parents.
- 8.) I have the right to be treated as an interested and affected person and not as a pawn or possession.
- 9.) I have the right to receive love, care, discipline, and protection from both parents.
- 10.) I have the right to the most adequate level of economic support that can be provided by the best efforts of both parents.



*Committee Against Domestic Abuse*

Keep Me Safe  
Outreach Program of CADA, Inc.

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Mankato, MN 56001  
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## Keep Me Safe Parenting Time Center



Tel: 507-625-3966

## Mission Statement

To provide a positive, healthy, and nurturing environment where children and their parents can be assured that the parenting time and supervised exchange will be conflict-free.

Keep Me Safe is a program of CADA, Inc. It provides a safe and nurturing place for children to visit their non-custodial parent, without the fear of experiencing or witnessing violence. It is also a place where children can get reacquainted with their parent when there have been periods of separation.

We truly hope this service will help eliminate children from being caught in the middle and help to strengthen the relationship between children and each parent.

### Benefits of Parenting Time to Children:

Sometimes a custodial parent may question the benefits of the children visiting a non-custodial parent. This concern may come from past experiences and /or a history of lack of contact between the parent and the children.

Seeing the visiting parent:

- Decreases the child's feelings of rejection.
- Helps decrease the child's fear of not seeing that parent again
- Decreases the child's self blame
- Allows the resolution of some issues the child may have with that parent.
- Helps to continue the parent /child relationship.



**Peace Begins at Home**

### Accessing Services:

There must be a current court order or documentation from the referring agency that parenting time or exchanges are to be monitored. An intake must be completed by both the custodial and non-custodial parents. At the time of the intake, the center policies and procedure will be reviewed and the parent must sign the policies. Monitored parenting time or exchanges will be scheduled after both parents have completed their intakes. The average length of parenting time is 1 1/2 hours on Saturday and Sunday and 1 1/4 hours for evening parenting time.

### Service Fee:

Visits must be prepaid. Fees are based on sliding fee scale. Payment must be received five days before a scheduled visit. Payments can be sent to CADA, 100 Stadium Court, Mankato, MN 56001.

### Yearly Income:

Public Assistance Recipients (GA, SSI, MFIP, etc.):	\$5.00 per visit
Income up to \$15,000/annually:	\$10.00 per visit
\$15,001-\$25,000/annually:	\$12.00 per visit
\$25,001-\$50,000:	\$15.00 per visit
Income + \$50,000:	\$20.00 per visit